



Local information for Rochester students 2019/20

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Banks and Building Societies

Barclays

Monday – Tuesday: 9.00-17.00

Wednesday: 10.00-17.00

Thursday – Friday: 9.00-17.00

Saturday: 9.00-16.00

Sunday: Closed

263-265 High Street

Chatham

ME4 4BZ

Telephone: +44 (0)345 734 5345

Online: barclays.co.uk

Co-op Bank

Monday – Friday: 9.30-17.00

Saturday – Sunday: Closed

26 Military Road

Chatham

ME4 4JX

Online: co-operativebank.co.uk

Halifax

Monday – Tuesday: 9.00-17.00

Wednesday: 9.30-17.00

Thursday – Friday: 9.00-17.00

Saturday: 9.00-15.00

Sunday: Closed

139-141 High Street

Chatham

ME4 4DH

Telephone: +44 (0)1634 497 311

Online: halifax.co.uk

HSBC

Monday: 9.00-17.00

Tuesday: 9.30-17.00

Wednesday – Friday: 9.00-17.00

Saturday: 9.00-14.00

Sunday: Closed

231 High Street

Chatham

ME4 4BQ

Telephone: +44 (0)3457 404 404

Online: [hsbc.co.uk](https://www.hsbc.co.uk)

Lloyds

Monday – Tuesday: 9.00-17.00

Wednesday: 9.30-17.00

Thursday – Friday: 9.00-17.00

Saturday: 9.00 – 13.00

Sunday: Closed

129-131 High Street

Strood

ME2 4TW

Telephone: +44 (0)345 300 0000

Online: [lloydsbank.com](https://www.lloydsbank.com)

Nationwide Building Society

Monday – Tuesday: 9.00-17.00

Wednesday: 9.30-17.00

Thursday – Friday: 9.00-17.00

Saturday: 9.00-12.00

Sunday: Closed

256-258 High Street

Chatham

ME4 4AN

Telephone: +44 (0)800 554 0254

Online: [nationwide.co.uk](https://www.nationwide.co.uk)

Natwest

Monday – Tuesday: 9.00-17.00

Wednesday: 10.00-17.00

Thursday – Friday: 9.00-17.00

Saturday: 9.00-13.00

Sunday: Closed

148 High Street

Chatham

ME4 4DB

Telephone: +44 (0)3457 888 444

Online: natwest.com

Santander

Monday – Friday: 9.30-17.00

Saturday: 9.30-16.00

Sunday: Closed

227-229 High Street

Chatham

ME4 4YJ

Online: santander.co.uk

Cinemas**Cineworld**

Medway Valley Park

Chariot Way

Rochester

ME2 2SS

Telephone: +44 (0)330 333 4444

Online: cineworld.co.uk

Odeon

Leviathan Way

Chatham

ME4 4LL

Telephone: +44 (0)330 014 4501

Online: odeon.co.uk

Dentists

DentaLine

Provides emergency treatment when dental surgeries are closed.

Monday – Sunday: 18.00-22.55

Weekends/Bank Holidays: 8.30-13.25

Telephone: +44 (0)1634 890 300

NHS 111 Service

For information and help finding a local NHS dentist.

Telephone: 111

Online: www.nhs.uk

Dispensing chemists

Boots

30-34 Pentagon Shopping Centre

Chatham

ME4 4BB

Telephone: +44 (0)1634 405 471

Karsons Pharmacy

69-71 City Way

Rochester

ME1 2BA

Telephone: +44 (0)1634 405 700

Paydens

130 High Street

Rochester

ME1 1JT

Telephone: +44 (0)1634 842 838

Paydens

134-136 Delce Road

Rochester

ME1 2DT

Telephone: +44 (0)1634 842 089

Paydens

139 New Road

Chatham

ME4 4PT

Telephone: +44 (0)1634 404 142

Gas and electric

British Gas

24 hour gas emergency service.

Telephone: +44 (0)800 111 999

Online: britishgas.co.uk

EDF Energy

24 hour power failure and emergencies service.

Telephone: +44 (0)800 111 999

Online: edfenergy.com/safety-emergencies

UK Power Networks

24 hour power failure and emergencies service.

Telephone: +44 (0)800 316 3105

Online: ukpowernetworks.co.uk

GPs and health centres

Bryant Street Medical Centre

29 Bryant Street

Chatham

ME4 5QS

Telephone: +44 (0)1634 848 911

Online: www.bryantstreetmedicalcentre.nhs.uk

Castle Medical Practice

Rochester Healthy Living Centre

Delce Road

Rochester

ME1 2EL

Telephone: +44 (0)1634 334 203

Online: www.castlemedicalpractice.org.uk

City Way Surgery

65-67 City Way

Rochester

ME1 2AY

Telephone: +44 (0)1634 843 351

Online: www.citywaymedicalpractice.co.uk

College Health (Boots)

30-34 Pentagon Shopping Centre
Chatham
ME4 4BB

Telephone: +44 (0)1634 815 160

Online: [boots.com](https://www.boots.com)

The Halfway Surgery

68 New Road
Chatham
ME4 4QR

Telephone: +44 (0)1634 828 665

The Thorndike Branch Surgery

Longley Road
Rochester
ME1 2TH

Telephone: +44 (0)1634 817 217

Online: www.thorndike.nhs.uk

Health, safety and emergency services

Emergency services

Fire, police and ambulance: emergencies only.

Telephone: 999

Kent Police

To report non-urgent crime or to contact your local officer for information and advice.

Telephone: 101 (for information and advice)

Online: kent.police.uk

NHS 111 Service

For non-emergency medical help.

Telephone: 111

Alcoholics Anonymous

Telephone: +44 (0)800 917 7650

Beat, the UK's Eating Disorder Charity

Telephone: +44 (0)808 801 0811

Adult Community Mental Health Team (18-65 year olds)

Telephone: +44 (0)1634 583 000 (Medway)

Telephone: +44 (0)1622 766 900 (Maidstone)

CAMHS (Child and Adolescent Mental Health Services (0-18 year olds))

Telephone: +44 (0)1903 843000

CRUSE

Bereavement support.

Telephone: +44 (0)808 808 1677

Early Intervention for Psychosis West Kent and Medway (14-65 year olds)

Telephone: +44 (0)1634 854 547

Medway Active Recovery Service (drugs and alcohol)

Telephone: +44 (0)1634 820 390

Medway and Swale Crisis Resolution and Home Treatment Team

Telephone: +44 (0)1634 968 460

Mental Health Matters Helpline

Telephone: +44 (0)800 1070 160

Mind Helpline

Mental health information.

Telephone: +44 (0)300 123 3393

Email: info@mind.org.uk

Text: 86463

Family Matters Rape & Sexual Abuse Support Services

Telephone: +44 (0)1474 536 661

Samaritans

Telephone: 116 123

Email: jo@samaritans.org

Hospitals

Medway Maritime Hospital

(Full Accident & Emergency Services)

Windmill Road

Gillingham

ME7 5NY

Telephone: +44 (0)1634 838 938

Maidstone Hospital

(Full Accident & Emergency Services)

Hermitage Lane

Maidstone

ME16 9QQ

Telephone: +44 (0)1622 729 000

Leisure centres

Medway Park Leisure Centre

Mill Road

Gillingham

ME7 1HF

Telephone: +44 (0)1634 336 655

Online: www.medwaypark.org.uk

Chatham Bowl

1st Floor Pentagon Shopping Centre

Chatham

ME4 4HY

Telephone: +44 (0)1634 408 030

Online: chatham Bowl.co.uk

Planet Ice

Ambley Road

Gillingham

ME8 0PU

Telephone: +44 (0)1634 388 477

Online: planet-ice.co.uk

Strood Leisure Centre

Watling Street

Rochester

ME2 3JG

Telephone: +44 (0)1634 333 977

Online: medway.gov.uk

Libraries

Chatham Library

Monday – Friday: 9.00-18.00

Saturday: 9.00-17.00

Sunday: Closed

Dock Road

Chatham

ME4 4TX

Telephone: +44 (0)1634 337 799

Online: medway.gov.uk/libraries

Rochester Library

Monday – Friday: 9.00-18.00

Saturday: 10.00-16.00

Sunday: Closed

Eastgate

Rochester

ME1 1EW

Telephone: +44 (0)1634 337 799

Online: medway.gov.uk/libraries

Public information and services

Medway Council

Gun Wharf

Dock Road

Chatham

ME4 4TR

Telephone: +44 (0)1634 333 333

Online: medway.gov.uk

Citizens Advice Bureau

Third Floor

Kingsley House

37-39 Balmoral Road

Gillingham

ME7 4PF

Telephone: +44 (0)1634 383 760

Online: citizensadvice.org.uk

Inland Revenue/HMRC

Telephone: +44 (0)300 200 3500 (National Insurance)

Telephone: +44 (0)345 300 3900 (Tax Credits Helpline)

Online: www.gov.uk/government/organisations/hm-revenue-customs

Jobcentre Plus Chatham

Crown House

The Brook

Chatham

ME4 4LQ

Online: www.gov.uk/jobsearch

Public transport

Arriva Buses

Online: arrivabus.co.uk

Eurostar

Online: eurostar.com

National Express Coaches

Telephone: +44 (0)871 781 8181

Online: nationalexpress.com

National Rail Enquiries

Telephone: +44 (0)3457 484 950

Online: nationalrail.co.uk

Southeastern Railway

Online: www.southeasternrailway.co.uk

Sexual health

Family Planning and Sexual Health Clinic

4 Clover Street

Chatham

ME4 4DT

Telephone: +44 (0)300 123 1678

Online: www.cloverstreet.nhs.uk

FPA Sexual Health and Advice

Online: fpa.org.uk

National Sexual Health Helpline

Telephone: +44 (0)300 123 7123 (Weekdays, 9.00-20.00)

Supermarkets

Aldi

Monday – Saturday: 8.00-22.00

Sunday: 10.00-16.00

Friary Place

Strood

ME2 4TP

Online: aldi.co.uk

Asda

Monday – Saturday: Opens 7.00, 24hr until...

Saturday: closes 22.00

Sunday: 10.00-16.00

387 Maidstone Road

Chatham

ME5 9SE

Telephone: +44 (0)1634 666 112

Online: asda.co.uk

Iceland

Monday – Saturday: 8.00-20.00

Sunday: 10.00-16.00

279-285 High Street

Chatham

ME4 4BN

Telephone: +44 (0)1634 832 097

Online: iceland.co.uk

Morrisons

Monday – Saturday: 7.00-22.00

Sunday: 10.00-16.00

1 Knight Road

Strood

ME2 2BD

Telephone: +44 (0)1634 714 873

Online: groceries.morrisons.com

Oriental Supermarket

Monday – Friday: 11.00 – 17.30
Saturday – Sunday: 11.00 – 17.00

334 High Street

Chatham

ME4 4NR

Telephone: +44 (0)1634 789 869

Online: orientalfoodmart.co.uk

Sainsburys

Monday – Wednesday: 8.00-18.00

Thursday – Friday: 8.00-19.00

Saturday: 8.00-18.00

Sunday: 10.00-16.00

68-72 Pentagon Shopping Centre

Chatham

ME4 4HP

Telephone: +44 (0)1634 406 811

Online: sainsburys.co.uk

Tulip Food Centre (Halal meat)

Monday – Saturday: 8.00-20.00

Sunday: 9.00-19.00

296-300 High Street

Chatham

ME4 4NR

Telephone: +44 (0)1634 408 141

Taxis**ABC Taxis**

Telephone: +44 (0)1634 840 840

Online: abctaximedway.co.uk

Ace Taxis

Telephone: +44 (0)1634 720 500

Online: ace-taxis.org.uk

Computer Cabs

Telephone: +44 (0)1634 666 666

Online: computercabsltd.com

Vokes Taxis

Telephone: +44 (0)1634 222 222 or +44 (0)1634 777 777

Online: voketaximedway.co.uk

Windmill Taxis**Telephone:** +44 (0)1634 582 582**Online:** windmilltaxisgillingham.co.uk**Theatres****Brook Theatre**

The Brook

Chatham

ME4 4SE

Telephone: +44 (0)1634 338 338**Online:** medway.gov.uk**Central Theatre**

170 High Street

Chatham

ME4 4AS

Telephone: +44 (0)1634 338 338**Online:** medway.gov.uk

Specialist advice

UCA Rochester has a **Specialist Adviser** who is based at the **Gateway**. They provide help and advice on a whole range of issues, including student finance, housing, health, part time jobs etc.

As part of **Academic Services (AS)**, the Specialist Adviser can also refer students to other members of the AS team.

Rochester Specialist Adviser

Anna Mepstead

Telephone: +44 (0)1634 888 644

Email: adviceroch@uca.ac.uk

Other campuses:

Canterbury Specialist Adviser

Colin Barnes

Telephone: +44 (0)1227 817 307

Email: advicecant@uca.ac.uk

Epsom Specialist Adviser

Nyawira Njiraini

Telephone: +44 (0)1372 202 441

Email: adviceeps@uca.ac.uk

Farnham Specialist Adviser

Andrea Beattie

Telephone: +44 (0)1252 892 612

Email: advicefarn@uca.ac.uk