

Specialist Advisers



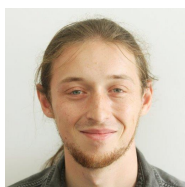
We provide information, advice and guidance on a wide range of practical and personal issues.

We are here to help you with any problems or queries, for example:

Finances <ul style="list-style-type: none">➤ Budgeting and money management➤ Problems with student finance➤ Accessing hardship funds➤ Bank accounts➤ Borrowing and debt	Personal or practical issues <p>These can be varied but may include:</p> <ul style="list-style-type: none">➤ Problems at home➤ Issues in private rented accommodation➤ Problems with other students or housemates
Supporting your health and wellbeing <ul style="list-style-type: none">➤ Stress management and relaxation➤ Healthy eating➤ Alcohol and drugs awareness➤ Sexual health➤ Personal safety	Advice for international students <ul style="list-style-type: none">➤ Visa applications or extensions➤ Police registration➤ Working during or after your studies➤ Banking➤ Travel➤ Registering with a doctor (GP)➤ Familiarising yourself with life in the UK

Appointments with our Specialist Advisers can be booked through the Gateway located in the Library at each of our four main campuses.

UCA Canterbury

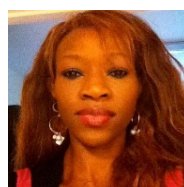


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